

Epworth CEO's Charity Challenge - NZ Alps to Ocean Cycle 2026



Trip Highlights

- Ride alongside the CEOs of Epworth Foundation and Epworth HealthCare
- Cycle the full length of the Alps to Ocean Cycle Trail from Lake Tekapo to the Pacific Ocean
- Soak in Tekapo's hot pools with stunning views of the lake and surrounding peaks
- Hike along World Heritage alpine trails beneath NZ's highest peak Aoraki/Mt Cook
- Ride along the turquoise hydro lakes Lakes Pukaki and Ohau
- Witness the Milky Way from one of best stargazing spots on Earth
- Meet the growers and producers of hazelnuts and cool-climate wines
- Share the journey with great company and hearty meals
- Explore Oamaru's charming Victorian Precinct and enjoy lunch at the Riverstone Kitchen
- Ride with confidence while our expert guides manage the logistics



Trip Duration	7 days	Trip Code: CEO
Grade	moderate	
Activities	Cycling	
Summary	6 nights hotel/motel	

Supporting Your Cause

Epworth Medical Foundation (EMF) was established in 1982 to raise essential funds that help ensure patients at Epworth HealthCare receive the highest standard of care. As a charitable, not-for-profit hospital, Epworth receives very limited government funding. That's why we rely on the generosity of our community to remain at the forefront of medical innovation — funding world-class equipment, cutting-edge facilities, expert surgical care, and life-changing research.

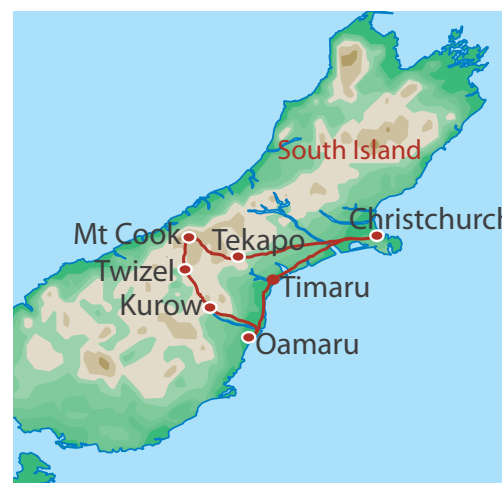
By joining Epworth HealthCare's CEO and the CEO of Epworth Medical Foundation on the Alps to Ocean Cycle Challenge in New Zealand, you'll enjoy the adventure of a lifetime while supporting a vital cause. This is a rare opportunity to connect with the leaders shaping the future of healthcare in Victoria — and to help deliver exceptional care to those who need it most.

Your Huma Challenge

Thank you for your interest in our Epworth CEO's Charity Challenge - NZ Alps to Ocean Cycle 2026. Huma Charity Challenge is a division of the worldwide adventure travel company World Expeditions. When joining a Huma Charity Challenge you embark on a remarkable journey to discover your inner philanthropist as you raise money for a Charity that is important to you. At the same time you take on the challenge of fundraising and partake in an adventure to discover new worlds, new landscapes and new cultures ... perhaps you'll even discover how far your personal boundaries stretch as you take on a physical challenge like a cycling, trekking or a mountaineering adventure. We are passionate about off-the-beaten track travel experiences as they provide travellers with the thrill of coming face to face with untouched cultures as well as wilderness regions of great natural beauty. Our itineraries are well researched, affordable and tailored for the enjoyment of small groups. Our itineraries provide the very best travel experience, designed by people with vast local knowledge who share our vision of authentic exchange and real exploration with a responsible travel approach at the core.

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Charity Challenge Payments

Joining Christchurch from:	\$5095
Non Refundable Registration Fee:	\$200
Fundraising target:	\$15000

All prices are per person

You will need to fly into Christchurch the day prior to the tour departure. Your guide will collect you from central Christchurch on the first morning of the tour. At the end of the trip if you wish to fly home this evening please ensure your flight departs Christchurch domestic airport later than 7pm.

You can get a taxi, shuttle or public bus to the airport from the city centre. We don't recommend catching international flights on the same day as the tour finishes. For those staying in Christchurch on the final evening your guide will drop you in central Christchurch at the end of the tour.

Trip Dates

2026 07 Mar - 13 Mar

Group Size Min:

11

Group Size Max:

14

Leader:

Expert local leader

Advice for people with limited mobility

This trip is not suitable for people with limited mobility.

*Ask our staff for more information

What Impact Will My Fundraising Have?

Epworth Medical Foundation - The difference you make

When you donate to the Foundation, your generosity is used to directly benefit our patients. For example, more than half of all medical equipment at Epworth Health Care is funded by the Foundation, and 80 percent of our medical research.

Charitable funds are used to support:

- *state-of-the-art medical equipment that ensures our patients receive the very best
- *world-class facilities that maximise patient outcomes, safety and comfort
- *groundbreaking medical research projects and trials, shared with our patients
- *staff education and training opportunities to pass best-practice on to our patients
- *support programs to care for our patients' emotional and financial needs

Your Adventure

Join us on an unforgettable fundraising adventure through New Zealand's most breathtaking landscapes, and help enhance Palliative Care at Epworth.

This fully guided and supported cycle challenge follows the iconic Alps to Ocean Trail, beginning at the glacial waters of Lake Tekapo. Ride through the golden Mackenzie Basin along peaceful canal paths, past the striking turquoise of Lake Pukaki, and into the awe-inspiring alpine wilderness of Aoraki/Mount Cook National Park.

From the lakeside town of Twizel, the trail leads through the spectacular Waitaki Valley, where you'll encounter serene lakes, historic hydro dams, boutique vineyards, and dramatic limestone formations. Your journey concludes at the Pacific Ocean in the heritage town of Oamaru.

Along the way, savour warm southern hospitality, relax in soothing hot pools, enjoy fresh local produce and wine, and immerse yourself in the South Island's rich cultural and natural wonders — from Maori rock art to Victorian architecture.

Be part of a rare and meaningful opportunity to connect with healthcare leaders, embrace adventure, and make a real impact by raising vital funds to improve the quality of end-of-life care for patients and families in our community.

Fundraising Options

There are a few flexible ways to reach your \$15,000 fundraising goal:

Make the donation yourself – You can choose to personally contribute the full, tax-deductible amount.

Fundraise all or part of the total – Any donations made by others toward your challenge are also tax-deductible.

If you'd like to fundraise but aren't sure where to begin, don't worry — our experienced fundraising team is here to support you with guidance, tools, and resources to make the process simple and stress-free.

Online Fundraising Portal

Before you begin fundraising for the charity donation component of this challenge, it's important to obtain permission from the charity to fundraise on their behalf.

Once you register, the Epworth team will contact you with details for setting up your official online fundraising page and will provide formal approval to begin fundraising.



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Responsible Travel

The natural environments that you'll travel through are fragile; the cultures and traditions precious and often the communities we pass through are reliant on tourism. It is our responsibility as visitors to minimise the impact of our presence, protect what is precious and where we can leave a positive impact. Learn how you can do this by downloading the Thoughtful Traveller booklet from our website.

Trip grading moderate

The Alps to Ocean is graded moderate. You will need a reasonable level of fitness with an average daily distance of 60km and the longest day upto 80km. We suggest 90 minutes of cycling three to five times a week for the three months leading up to your trip. Some of the sections are on seal or hard packed gravel and are relatively easy to ride. Other sections are on looser gravel which can be rough and uneven in places.

The moderate sections over the Tarnbrae Saddle and from Sailors Cutting to the Benmore Dam include narrower tracks with some switchbacks and exposure in places.

There are also plenty of hills so cycling up hills and on gravel and rougher terrain before your tour will enable you to really enjoy the fantastic riding and diverse scenery. With the trip being fully supported, less confident riders can choose to miss the moderate sections with easier options available.

About Your Escort

Our guides are one of our biggest assets and we pride ourselves on their level of quality and high standards. You'll know you're in safe hands as all of our guides are certified in first aid and CPR and many of them are trained bike mechanics. They come from all walks of life but our guides have a common desire to give you the best possible experience, fun and lots of fond memories to take home with you.

Itinerary at a Glance

DAY 1	ARRIVE CHRISTCHURCH
DAY 2	TRAVEL CHRISTCHURCH TO TEKAPO - CYCLE 34KM TO PUKAKI
DAY 3	AORAKI/MT COOK NATIONAL PARK - 20KM CYCLE, UP TO 10KM WALK
DAY 4	TWIZEL TO OMARAMA - 64 OR 83KM CYCLE
DAY 5	OMARAMA TO KUROW - 67KM
DAY 6	KUROW TO OAMARU - 88KM CYCLE
DAY 7	OAMARU TO CHRISTCHURCH - NO CYCLING

What's Included

- Tasty cafe breakfasts (x5), gourmet picnic or cafe lunches (x6), restaurant dinners (x5) catered to all dietary requirements
- 6 nights comfortable hotel/lodge ensuite accommodation on single room basis
- 2 Experienced guides – 1 guide on trail with group at all times
- Tasty nutritious snacks, drinks and treats plus our famous morning and afternoon teas
- Full vehicle support along the trail including trailer for luggage
- Transport from Christchurch (return)
- Pre departure information kit to help you plan and prepare
- Rider fees paid to the A20 Trail Trust for ongoing maintenance and improvements
- Hire of a bike (either standard bikes or e-bikes valued up to NZ\$600 for the duration of the tour) plus helmet
- Note: Bikes can be fitted with flat pedals or MTB SPD (clip in) pedals
- Celebratory end of ride lunch at Riverstone Kitchen
- Entrance fees, meet the growers produce tours
- Wine Tasting at River-T Vineyard
- Lunch at Riverstone Kitchen to celebrate the week's achievements

What's Not Included

- Meals not mentioned in the itinerary
- All beverages, other than breakfast
- Water bottle (help us save the environment and bring your own bike drink bottle)
- Optional activities (eg. Tekapo hot pools, Steampunk Gallery)
- Personal expenses (eg. internet, laundry, shopping etc)
- Travel insurance



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Adventure Travel

By its very nature Charity Challenges involve an element of the unexpected. In remote and developing countries do not expect standards you are used to at home. Remote areas are sometimes unpredictable and itineraries may be altered. To get the most out of your adventure it is important that you are suitably fit, flexible, positive and eager to take on all the challenges that arise. If you are uncertain about your suitability for this trip we recommend that you speak with your charity representative or one of our team.

Important Note

These trip notes represent the most current information for this itinerary, and may supersede any other supplied information, including but not limited to the itinerary and price. The itinerary should be seen as a guide only. This itinerary may change at any time due to inclement weather, forces of nature and other circumstances beyond our control.

Detailed Itinerary

DAY 1 Arrive Christchurch

After all the fundraising and preparation, the journey finally begins!

On arrival at Christchurch Airport make your way to the Quest Cathedral Junction Serviced Apartments (studio rooms) at 113 Worcester Street. Later, we head out to a nearby restaurant for our first group dinner (at own expense).

Accommodation: Quest Cathedral Junction Serviced Apartments (studio rooms)

meals: NIL

DAY 2 Travel Christchurch to Tekapo - Cycle 34km to Pukaki

Following an early start, our adventure begins with a scenic drive across the Canterbury Plains. After morning tea in the charming town of Geraldine, we continue through rolling farmland to Burke's Pass—the gateway to the Mackenzie Basin—before arriving at brilliant blue Lake Tekapo.

After lunch and a ride briefing, we'll start our journey with a lakeside ride past the Church of the Good Shepherd, following hydro canals and rising to a stunning terrace above Lake Pukaki. We descend to the lakeshore, where views of Aoraki/Mt Cook are unforgettable. From here, a short transfer takes us to Twizel for the next two nights.

Cycling distance: up to 34km

Accommodation: The Alps in Twizel

meals: L,D

DAY 3 Aoraki/Mt Cook National Park - 20km Cycle, up to 10km Walk

We begin the day with a scenic 20km ride from Lake Pukaki back toward Twizel, cycling through wide-open tussockland with views of the Southern Alps.

After a short break, we travel by vehicle into Aoraki/Mount Cook National Park, where you can choose from a selection of stunning short walks, each offering a unique perspective of the park:

Kea Point Track – 5km return, gentle terrain

Red Tarns Track – 3.7km return, 330m elevation gain

Mueller Lake Lookout – 1.8km return via Hooker Valley Track

Tasman Glacier Viewpoint – 3km return with 300 steps

Alternatively, if weather conditions are poor, we'll visit the Sir Edmund Hillary Alpine Centre, home to a museum, planetarium, and visitor centre.

In the late afternoon, we return to Twizel for our second night's stay at The Alps Motel.

Cycling distance: approx 20km

Hiking Distance: Hooker Valley Walk 10km (mostly flat)

Accommodation: The Alps in Twizel

meals: B,L,D



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DAY 4 Twizel to Omarama - 64 or 83km Cycle

The stunning scenery keeps coming as we ride alongside the Pukaki and Ohau canals with a vast mountainous backdrop, then Lake Ohau where we stop for lunch.

Confident riders can continue on the trail to Tarnbrae Saddle (900m), the highpoint of the A20. The vast Mackenzie Country views are just reward for the climb.

Alternatively, riders can transfer to the historic woolshed at Quailburn for a much easier ride down to Omarama – our stop for the night.

Today's journey is filled with stunning high-country riding. We start alongside the Pukaki and Ohau canals before reaching Lake Ohau for lunch.

From here, confident riders can tackle the climb to Tarnbrae Saddle (900m), the highest point on the A20. Alternatively, choose a shorter option starting from Quailburn Woolshed for an easier ride into Omarama.

Optional: Private hot tubs under the stars (pre-booked, own cost).

Translating from Maori as 'place of light', Omarama is known for its extraordinarily clear skies, offering incredible star gazing opportunities at night.

Cycle distance: 38km (Twizel–Lake Ohau); 44km Lake Ohau–Omarama via Tarnbrae Saddle or 26km (Quailburn–Omarama (short option))

Accommodation: Sierra Motel, Omarama

meals: B,L,D

DAY 5 Omarama to Kurow - 67km

Today's ride takes us down the Waitaki Valley, known for its hydro lakes and dams.

First, we follow the trail along the shores of Lake Benmore to Sailors Cutting. From there, we join the lakeshore to traverse around the shoreline of rocky outcrops, little beaches and even tree covered islands. The trail then drops us down from above the Benmore Dam to rejoin the quiet lakeside road. There is an easier option for less confident riders who would prefer to avoid this more technical section.

Regrouped, it's a fun downhill cycle towards Aviemore Dam, where we'll enjoy a picnic by the lake.

We'll arrive at Kurow with plenty of time to explore the town's surrounds. Highlights include beautifully restored St Albans Church and wine-tasting at the award winning Ostler Vineyards tasting rooms. We'll stay overnight at Waitaki Braids Lodge and Riverside B&B. Dinner tonight will showcase local produce by one of the regions most esteemed chefs.

Cycle distance: 67km

Accommodation: Waitaki Braids Lodge / Riverside B&B, Kurow

meals: B,L,D

DAY 6 Kurow to Oamaru - 88km Cycle

This morning the cycle trail takes us along the banks of the Waitaki River, past vineyards and a Maori rock art site to reach the small town of Duntroon. From there, we head inland into rolling country and wander around the unique Elephant Rocks, huge formations strewn across a field. Picking up the old railway line, we'll ride through Raki's tunnel before rolling downhill through picturesque rural countryside. We pass Oamaru Stone quarry, where stone has been extracted since the nineteenth century. We'll see its influence on local architecture once we reach Oamaru. After riding through the town's delightful municipal gardens, we'll reach the Victorian Precinct and harbourside park where the A20 finish-line sign offers the perfect photo-op. Head to our accommodation ahead of a celebratory final dinner.

Cycling Distance: 28km (Kurow–Duntroon) & 50km (Duntroon to Oamaru)

Accommodation: Mariner Suites / Poshtel Oamaru

meals: B,L,D



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DAY 7 Oamaru to Christchurch - No Cycling

After completing the full Alps to Ocean journey, we enjoy a relaxed start to the day with free time to explore Oamaru's Victorian Precinct, browse boutique galleries, or visit the quirky Steampunk HQ.

Late morning, we depart by vehicle for our journey north across the Canterbury Plains for our final foodie experience and celebratory lunch at the award winning Riverstone Kitchen, the perfect way to wrap up the cycle adventure and celebrate completing one of New Zealand's most iconic cycling adventures.

Expect to arrive in central Christchurch by early evening.

Travel time: 3.5hrs (Oamaru to Christchurch)

Alternative itinerary: Oamaru to Christchurch via Opuke Thermal Spa

We start our final day having completed the full Alps to Ocean journey. After breakfast, we board the vehicle and travel north through the scenic foothills of inland Canterbury. Our destination is the Opuke Thermal Pools & Spa in Methven—a solar-powered alpine retreat designed for rest and recovery. The group will enjoy a relaxing visit to the Tranquility Pools, an adults-only sanctuary featuring hot pools, a swim-up bar and mountain views.

After soaking and unwinding, we'll share a late lunch (TBA, either Opuke's on-site café or a nearby Methven restaurant) before heading off for the final leg of our journey, arriving in Christchurch early evening, refreshed and revitalised.

Experience: Opuke Tranquility Pools (2–2.5hrs visit)

Travel time: 2.5hrs (Oamaru to Methven), 1.5hrs (Methven to Christchurch)

meals: B,L

This itinerary is subject to change with any modifications in Community regulations as well as Governmental changes and natural circumstances beyond our control.

Participant Kit

Your group will include riders covering a broad spectrum of ages and experience. We generally have a mix of men and women. We also have clients who come from a range of countries. Some participants are seasoned cycle tourists, while many are first-timers. Whatever the mix at the start of a tour, new friends and great stories are the end result. If you're a bit worried whether the pace is going to be a bit too fast or too slow, don't be. Our bike tours are designed so that there are opportunities to extend yourself if you wish and if you want to have a more relaxed ride, don't worry, our support van is never very far away.

Cycling

We believe that cycling is one of the best ways to explore a country. Our carefully researched cycling trips take you on the best routes, combining dedicated cycle trails and quiet secondary roads, both sealed and unsealed (gravel). Our moderate graded cycle tours primarily follow easy gradient trails but do include some more challenging sections with steeper hills and rougher gravel. There are also areas where the tracks narrow, with switchbacks and some exposure. These challenging sections are just a part of the trail, and your guides will provide advance notice when they appear.

Since the tour is fully supported, less confident riders can opt out of the more difficult sections and take easier routes instead. Our tours travel through historic and scenic countryside, with accommodations ranging from character lodgings to motels, making them suitable for cyclists of all levels. All of this so that you can enjoy the incredible scenery and landscapes, view the well-known sights and along the way eat delicious food, stay at unique accommodation and meet the locals.



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We have two different styles of bikes available for hire, or you are welcome to bring your own bike. The Avanti Discovery hybrid mountain bike allows a relaxed upright riding style and has wide ranging 10-speed Shimano gears, 29" wheels, front suspension, hydraulic disc brakes and comfortable saddles. These bikes are available in a low rise, also known as a step-through bike frame.

We also offer quality Sinch eBikes providing people who might need a little pedalling assistance the opportunity to enjoy our cycling holidays. eBikes are simple to operate, very comfortable to ride, and are more gentle on the body than a traditional bike. You still need to pedal, however our eBikes provide up to 80kms of pedal assistance before requiring a recharge. Please see our website for the cost of bike hire. All our rental bikes can be fitted with flat pedals or MTB SPD pedals, we can also fit your own pedals and seat if you have a favourite. Bike helmets will be supplied with your rental bike, along with a 15L saddle bag for any personal items you might need in the day. All equipment and luggage will be carried by the support vehicle.

These cycling journeys are not designed to be a marathon event and no one needs to feel under pressure to ride, everyone is able to ride at their own pace. If at any point you do not wish to ride, the vehicle is always available for you and your bike. Remember that cycling involves some physical exertion and some pre trip preparation will help towards making your cycle tour a more enjoyable experience. Cycling, of course, is an active pursuit and to maximise your own personal protection in case of a tumble or fall, the wearing of a bicycle helmet is compulsory at all times while cycling. We also highly recommend wearing bright, fluoro cycle clothing to increase your visibility on the road.

Country Information

Stretching North to South for over 2000 km, and split into two main islands - the North and the South Islands - New Zealand is a country of diverse landforms. From the Pacific Island beaches and rolling farmlands in the north, to the volcanic plateau and then onto the soaring mountains within view of the sea in the south, and the sub-Antarctic islands that dot the South Island coastline, the contrasts are many.

The South Island is the 12th largest island in the world. The west coast is dominated by the Southern Alps, which contain more mountains than the European Alps altogether, and home to New Zealand's highest peak, Aoraki Mount Cook (3754m / 12,316 ft). The Main Divide, the chain of peaks that forms the backbone of the Alps from Arthur's Pass to Fiordland, splits the South Island into east and west. Several ice ages, and the fact that two continental plates are sliding past each other forming the Southern Alps, means that the scenery is as rugged as the New Zealand fauna and flora is unique. The largest city in the South Island is Christchurch.

The North Island is the smaller of the two main islands of New Zealand. Its northern location means it enjoys a warmer, more temperate climate than much of the South Island, and is much more vastly populated. The centre of the island is primarily a volcanic landscape with vast forests, volcanic peaks, and picturesque lakes. The eastern side of the island is covered with vineyards. Auckland, also known as the 'City of Sails', is the largest city of New Zealand and found on the North Island.

With a population of 4.0 million people, the wilderness areas of New Zealand are many as most 'Kiwis' now live in an urban situation near the coast. The Maori are the indigenous people of the land and they named it Aotearoa 'Land of the Long White Cloud' upon their arrival 1000 years ago. Europeans settled in the early 1800s and the country is alive today with a market driven economy and a blend of European and Asia/Pacific influences to create a buoyant South Pacific culture.



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Climate

As a general rule, November to April are the most ideal months for travelling in New Zealand's stunning outdoors. One of the most important things travellers need to know about the New Zealand climate is that it's a maritime climate, as opposed to the continental climate typical of larger landmasses.

Thanks to its position in the path of the 'Roaring 40s' and mountainous terrain, New Zealand's weather can frequently change with amazing rapidity. Because the weather can change so unexpectedly you should be prepared for sudden changes in temperature and weather conditions. This basically means having a good waterproof jacket and some warm clothing. You don't need to bring your winter wardrobe but a good fleece/jumper and good thermals are a must.

The temperature during the South Island summers range from 10-30 °C, with a pleasant 40-50% humidity. Higher altitudes are always considerably cooler and snowfall is not uncommon even in summer. The Southern Alps act as a barrier to the moisture laden winds coming west across the Tasman Sea, creating a wet climate on the west side of the mountains and a drier climate on the east side. The geography also creates a wind pattern, which can in summer be very hot, dry and fierce. Maximum temperatures we may encounter range up to 30°C. Minimum temperatures expected in the Southern Alps in Summer time are around -5°C. Weather is an integral facet of any mountain range and getting to understand and work with this major environmental factor is what will make you more prepared for your tour – any questions about what to expect on your tour talk to one of our sales team.

Dietary Requirements

Provided we are advised in advance of your departure we are able to cater for vegetarian diets and can assist with medically recommended diets (allergies and intolerances). Please ensure you discuss your requirements with us well in advance (at least 1 month prior to your trip) to determine whether we can cater to such dietary requirements on your chosen adventure. Please note that options are likely to be limited in very remote locations or alternatives may be more expensive or unavailable. There may be times when those with special requirements may need to provide their own food. We are unable to guarantee a peanut-free or allergen-free trip, and therefore, we strongly encourage that travellers with life-threatening or severe allergies take all necessary medical precautions to prepare for the possibility of exposure. Passengers must travel with all necessary medications for food allergies and be capable of self-administering these medications.

Accommodation on the Trip

The accommodation for this trip has been carefully selected to provide comfort and value in the best locations possible. Properties include:

Quest Cathedral Junction Serviced Apartments, Christchurch (<https://www.questapartments.co.nz/properties/south-island/christchurch/quest-christchurch>)

The Alps in Twizel (<https://www.alpsmotel.co.nz>)

The Sierra, Omarama (<https://www.omarama.co.nz>)

Waitaki Braids Lodge, Kurow (www.waitakibraids.com)

Riverside B&B, Kurow (<https://www.riversidebnb.nz>)

Mariner Suites, Oamaru (<https://www.marinersuites.nz>)

Poshtel, Oamaru (<https://poshtelnz.com>)

All accommodation is on a single room basis with private facilities.



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Please note: Kurow is a small town with very limited accommodation. Depending on the group size, the group may be split between two nearby establishments.

Although every endeavour is made to stay at the accommodation detailed in the itinerary, occasionally, due to seasonal shortages, we need to use other accommodation of a similar standard.

Pre and Post Tour Accommodation

If you would like some help booking pre/post tour accommodation speak to our staff as they can help with different suggestions.

What You Carry

The tour is fully supported so you won't have to carry anything! If hiring one of our bikes it will have a small rear saddle bag. Enough space to put an extra layer, your camera, wallet, phone etc. We recommend you pack your luggage in a soft sports bag for easy stowing in the trailer/vehicle. We urge you to keep your luggage to a minimum. If you have extra luggage you do not require for your holiday we can easily arrange to have it stored until the end of the trip.

Equipment Required

A comprehensive gear list will be provided on confirmation of your trip.

Protecting the Environment

In a world where more and more rubbish is produced every year we are trying to do our little bit to help the planet. We encourage you to please bring your own water bottle. If you are a keen coffee or tea drinker you might like to bring your own reusable cup, as there are a few opportunities along the tour to get take-away drinks. Also if you think you might do some shopping, it could be useful to carry small foldable reusable shopping bags to reduce the need for plastic bags.

Vehicles & Safety

During the course of your trip, we will use a variety of vehicles, all which are fit for purpose and the conditions encountered. It should be noted that laws governing transportation safety may differ from those in your home country and on occasion some vehicles may not have seat belts fitted. Note that helmets and professional riding equipment are not available in all circumstances.

How To Book

To register on this Charity Challenge please make your booking online by using the REGISTER NOW button found at the bottom of the relevant Charity Challenge page on our website www.humacharitychallenge.com.au or complete the registration form and email to megan@humacharitychallenge.com.au.

The Epworth Medical Foundation staff are able to answer any questions you may have as well as provide you with all the support you need as you fundraise for your challenge. Please contact Kathryn Johnston on telephone 03 9426 6359 or email kathryn.johnston@epworth.org.au who will be happy to talk with you.

